

Show me the Magic

Sunday, January 29th, 2023, 3:30pm

St. Philip's Anglican Church, 3737 W 27th Ave

High Spirits Choir

Ieva Wool
Director

Zsuzsanna Lukacs
Accompanist

With special guest

Phil Belanger
Percussion

www.highspiritschoir.ca



Today's concert is brought to you
through the generous sponsorship of

Brad Leslie
Young Men's Adventure Weekend
Re/Max Real Estate Services

High Spirits Choir

🌿 Show Me the Magic 🌿

Ieva Wool, music director
Zsuzsanna Lukacs, accompanist
Special guest: Phil Belanger, percussion

Down In the River To Pray trad., arr. Marc A. Hafso
soloists: Caroline Sniatynski, Megan Reiter, Nadine Gomm

Il est bel et bon Pierre Passereau (1509–1547)

El Cumbanchero . . . Rafael Hernandez (1892–1965), arr. Suzzette Ortiz

Abendlied Josef Rheinberger (1839–1901)

If I Were a Bell. Frank Loesser, arr. Paris Rutherford
soloists: Jonathan Chaplan and Shelley Waldie

I'm Gonna Live 'Til I Die. Tom Metzger
conductor: Alaric Posey

All the Wild Wonders Sue Johnson and Elizabeth Honey
soloists: Johanne Lemaire, Kate Chang, Kira Gerwing,
Megan Reiter, Pat Dutcher-Walls
conductor: Pat Dutcher-Walls

Alleluia Randall Thompson (1899–1984)

And So It Goes Billy Joel, arr. Bob Chilcott
soloists: Brad Couch and Connie MacLaren

Clementine trad., arr. John David Earnest
piano four hands: Carrie Lee and Zsuzsanna Lukacs

Africa. David Paich and Jeff Porcaro, arr. Roger Emerson

Jambo Rafiki Yangu. D.V. Montoya and Carah Reed
soloist: Rob Shaw

Honey Pie John Lennon and Paul McCartney, arr. Paul Hart

Irish Blessing Joyce Eilers Bacak, trad. Irish text

Soprano

Anita Perkins Johanne Lemaire
Carrie Lee Kate Chang
Christina Reed Pat Dutcher-Walls
Connie MacLaren Suzanne Ryder
Diana González Sylvia Messer
Gail Wynston

Alto

Allie Shaw Marian Lowery
Betty Ann Rivers Wang Megan Reiter
Caroline Sniatynski Nadine Gomm
Fiona Spitzig Renate Preuss
Kira Gerwing Sara Young
Liesbeth Thoraval Tilly Schalkwyk
Lou Grant

Tenor

Brad Couch Jonathan Chaplan
Bruce Dolsen Rob Shaw
Jennifer Balfour Shelley Waldie
John Richardson

Baritone / Bass

Alaric Posey Jürgen Stumper
Douglas Abel Martin Gerson
Ed Ho

High Spirits Choir respectfully acknowledges that today's performance takes place on the unceded traditional territories of the Coast Salish Peoples, specifically those of the xʷməθkʷəy̓əʔəm (Musqueam), Skwxwú7mesh (Squamish), and səl'íl̓wətaʔ (Tsleil-Waututh) Nations.

High Spirits Choir



MOVE WELL.
FEEL WELL. BE WELL.

- Physiotherapy
- Registered Massage Therapy
- Medical Acupuncture
- IMS – Intramuscular Stimulation
- Running & Golf Assessments
- Ergonomic Assessments
- Corporate Wellness Presentations
- Kinesiology/Personal Training
- Tension & Trauma Release Exercise (TRE)
- Restorative Yoga
- Pilates
- Virtual Group & Private Fitness Sessions
- Custom Prescription Orthotics

OPEN M - F 7am - 7pm
T 604.558.2222 | F 604.558.2223
info@sitkaphysio.com
www.sitkaphysio.com

sitka
PHYSIO & WELLNESS

Thanks to our sponsors!

This event is made possible through the generous support of our Platinum sponsor, Brad Leslie; our Silver sponsors, Long & McQuade, the Marshall Clinic, Sitka Physio & Wellness, and Prospera Credit Union; and our Bronze sponsors, Foundation Body Lab and Liselotte Thoraval.

We extend our sincere appreciation for their generosity. If you would like to sponsor the choir, contact highspiritstreasurer@gmail.com to place your advertisement in a future program.

We are proud to support High Spirits Choir.

Local banking means more.
prospera.ca

PROSPERA
CREDIT UNION

WHERE
THE MUSIC
BEGINS

Long & McQuade
MUSICAL INSTRUMENTS

*Proud sponsor of the
High Spirits Choral Society*

LONG & MCQUADE VANCOUVER
📍 368 Terminal Avenue / ☎ 604.734.4886

To find a location nearest you or to shop online,
visit us at www.long-mcquade.com

the Marshall Clinic

A family business since 1925, our dental clinic prides itself on providing quality patient-focused care.

Dr. Bruce Marshall & Dr. Matthew Choi

www.themarshallclinic.com | 604.733.9311



FOUNDATION
BODY LAB

OLIVER SANCHEZ
CHIROPRACTOR

FOUNDATION BODY LAB
2260 Main Street
Vancouver, BC | V5T 0J2
604-842-3325

oliver@foundationbodylab.com
www.foundationbodylab.com

Liselotte Thoraval

Clinical Counsellor & Tomatis Practitioner
778-960-7352
liselottethoraval@gmail.com

High Spirits Choir

Ieva Wool

Music Director



Ieva Wool is a gentle and light-hearted conductor and singing teacher, with a passion for having fun and building community. Ieva's spirited and often cheeky leadership injects rehearsals – and concerts – with a good share of playfulness as well as musical magic. She brings her 25 years of experience as a trainer, group facilitator, and Gestalt therapist to her choirs and students. Ieva's singers learn a lot, and have fun doing it.

(In case you are not Latvian, Ieva is pronounced ee' eh vah.)

Zsuzsanna Lukacs

Accompanist

The Hungarian pianist Zsuzsanna Lukacs was born in Targu Mures, Romania. She graduated from the Gheorghe Dima Academy of Music in Cluj-Napoca, obtained a "Ier Prix de Virtuosit  " at the Lausanne Conservatory in Switzerland and a Master's Degree in Piano Performance at the University of British Columbia. Zsuzsanna studied chamber music at the European Mozart Academy in Poland. She has performed extensively both as a soloist and collaborative pianist in Europe, Canada, and the US.



Do You Love to Sing?

High Spirits Choir welcomes new singers in February for our spring season. Rehearsals are Wednesdays, 7:00 – 9:30, starting February 15. Good choral experience is a must; reading music is an asset.

Contact Jen Balfour at highspiritsmembership@gmail.com, or visit our website at www.highspiritschoir.ca.

Love High Spirits but want something that's not so demanding? Consider one of our sister choirs, Simple Gifts (Tuesdays 7:00 – 9:00) or Afternoon Delight (Thursdays 1:00 – 3:00), also conducted by Ieva.

Thanks to our supporters!

We wish to thank you — our generous friends and supporters, who have over the years helped us keep the magic and the music alive! Your contributions are vital to assist in covering the costs of music scores, rehearsal hall rental, and scholarships.

We accept with gratitude any and all donations. The Vancouver High Spirits Choral Society is a registered non-profit charity, and donations greatly assist us in covering the costs of bringing music to care homes and others who would otherwise be unable to experience the joy of live music. We also believe that no singer should be turned away for financial reasons.

Our volunteers in the lobby today can accept donations by cash, cheque, or credit card.

If you prefer, you can also:

✉ Mail a donation to

High Spirits Choir, c/o Ieva Wool

323 – 333 Wethersfield Drive

Vancouver, BC V5X 4M9 Canada

✉ Use our website highspiritschoir.ca to donate online via the Support tab on the far right

<https://www.highspiritschoir.ca/support>

Thank you for your support!

I Love Music

I've been actively supporting **Music in our Community** for 50 years



Our next Young Men's Adventure Weekend is July 14-16, 2023

Only \$400 for 3 days in the wilderness www.ymaw.com

This is my 33rd year of making a positive difference in the lives of
the Next Generation of MEN



BRAD LESLIE
604 626 3961
SINCE 1977

#1 RE/MAX **
REALTOR IN
VANCOUVER



RE/MAX Real Estate Services
110 - 3540 W. 41st Ave., Vancouver BC V6N 3E6

Each office independently owned and operated

**RE/MAX Western Canada Stats, November 2019

