

# The Colours of All Your Moods

January 26, 2025 - 3:30 pm

St Stephen's United Church  
7025 Granville Street

**Ieva Wool** - Director

**Zsuzsanna Lukacs** - Accompanist

*With special guests*

**Todd Biffard** - *Drums*

**Ryan Brown** - *Guitar*

**High  
Spirits  
Choir**

[www.highspiritschoir.ca/](http://www.highspiritschoir.ca/)

# High Spirits Choir

## 🌸 The Colours of All Your Moods 🌸

*Ieva Wool, music director*

*Zsuzsanna Lukacs, accompanist*

*Todd Biffard, percussion; Ryan Brown, guitar*

*Brad Leslie welcomes you to the concert with his guitar*

Adiemus . . . . . Karl Jenkins, arr. Nicholas Hare  
*Recorder: Alaric Posey*

Words . . . . . Anders Edenroth (as sung by The Real Group)  
*Spoken words: Jonathan Chaplan, Martin Gerson,  
Nadine Gomm, Johanne Lemaire*

Sit Down Servant . . . . . trad. spiritual, arr. Linda Twine

Laudate Pueri (Psalm 113). . . . . W.A. Mozart (1756 – 1791)

Hymn of Acxiom\* . . . . . Vienna Teng, arr. Robin Salkeld

Padre Nuestro. . . . . Samuel Hernandez Duménigo

Esto Les Digo . . . . . Kinley Lange  
*Soloist: Pat Dutcher-Walls*

The Rune of Hospitality\* . . . . . Alf Houkom, trad. Gaelic text

Singkap Siaga . . . . . Tracy Wong  
*Soloist: Kate Chang*

High Spirits Choir respectfully acknowledges that today's performance takes place on the unceded traditional territories of the Coast Salish Peoples, specifically those of the xʷməθkʷəy̓əʔəm (Musqueam), Skwxwú7mesh (Squamish), and səl'ílwətaʔ (Tsleil-Waututh) Nations.

\* Texts may be found on page 7 of this program.

## 🌸 Intermission 🌸

Ave Maria . . . . . Franz Biebl (1906 – 2001)  
*Soloists: Pat Dutcher-Walls, Alaric Posey, Megan Reiter*

L'eccho . . . . . Orlando di Lasso (1532 – 1594)

Vuelie . . . . . Frode Fjellheim and Christophe Beck  
(as sung by Cantus in Frozen)

Ute Sundance . . . . . Valerie D. Naranjo, arr. Ethan Sperry  
*Soloist: Rob Shaw*

Birdland . . . . . Jon Hendricks and Josef Zawinul,  
arr. Paris Rutherford  
*Soloists: Kate Chang, Jonathan Chaplan,  
Stephen Douglas, Rob Shaw, Shelley Waldie  
Bass: Mark LeBourdais*

Wade in de Water . . . . . trad. spiritual, arr. Allen Koepke

Irish Blessing . . . . . Joyce Eilers Bacak, trad. Irish text

## Do you love to sing?

High Spirits Choir welcomes new singers in February for our spring season. Rehearsals are Wednesdays, 7:00 – 9:30 pm, starting February 12. Good choral experience is a must; reading music is an asset.

For more information, visit [www.highspiritschoir.ca/join](http://www.highspiritschoir.ca/join).

Love High Spirits but want something that's not so demanding? Consider one of our sister choirs, Simple Gifts (Tuesdays 7:00 – 9:00 pm) or Afternoon Delight (Thursdays 12:45 – 2:45 pm), also conducted by Ieva. Contact her at 604-732-7418, [ieva@gottasing.ca](mailto:ieva@gottasing.ca), or [www.gottasing.ca](http://www.gottasing.ca).

# High Spirits Choir

## Soprano

Kate Chang Kynthia Petrakis  
Pat Dutcher-Walls Alison Quiring  
Diana González Christina Reed  
Johanne Lemaire Suzanne Ryder  
Anita Perkins Franca Varelas

## Alto

Uta Arajs Renate Preuss  
Kira Gerwing Megan Reiter  
Nadine Gomm Betty Ann Rivers Wang  
Christina Grammenos Tilly Schalkwyk  
Marian Lowery Allie Shaw  
Liesbeth Thoraval

## Tenor

Jonathan Chaplan Stephen Douglas  
Neil Chong-Kit Landon Dueck  
Bruce Dolsen Rob Shaw  
Shelley Waldie

## Baritone / Bass

Doug Abel Mark LeBourdais  
Brad Couch Alaric Posey  
Martin Gerson Jürgen Stumper  
Ed Ho Joseph Young

# Thanks to our supporters!

A heartfelt thanks for your support!

We wish to thank our friends and supporters. Your presence here today, in addition to your participation in our various fundraising initiatives, is key to covering both the choir's performing and operating costs.

The Vancouver High Spirits Choral Society is a registered non-profit charity. Our volunteers in the lobby today are able to issue tax receipts for any donations greater than \$10.

Your generosity helps us cover costs like bringing music to care homes as well as others who might otherwise not be able to experience the joy live music can bring. The High Spirits board also believes that singers should not be turned away for financial reasons; another way your gifts help keep the melodies and harmonies alive!

Please know how much we appreciate any ancillary contribution you choose to make.

Other options available to support us:


Visit our website's donation page  
<https://www.highspiritschoir.ca/support>

Mail a cheque made payable to High Spirits Choir:  
c/o Ieva Wool  
323 – 333 Wethersfield Drive  
Vancouver, BC V5X 4M9

Thank you for your support!

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34 YEARS

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## Hymn of Acxiom

Somebody hears you. You know that. You know that inside.  
Someone is learning the colours of all your moods,  
to say just the right thing and show that you're understood.  
Here you're known.

Leave your life open. You don't have to hide.  
Someone is gathering every crumb you drop,  
these mindless decisions and moments you long forgot.  
Keep them all.

Let our formulas find your soul.

We will divine your artesian source in your mind,  
marshal feed and force.

Our machines will design you a perfect love.  
Better still, or a perfect lust.

O how glorious! A brand new need is born.

Now we possess you. You'll own that in time.  
Now we will build you an endlessly upward world,  
reach in your pocket, embrace you for all you're worth.  
Is that wrong?

Isn't this what you want?

Amen.

## Thanks to our sponsors!

This event is made possible through the generous support of our Silver sponsor, Long & McQuade, and our Bronze sponsors, Eleanor Sy Tan and Avery Viet Chaplan-Hoang.

We extend our sincere appreciation for their generosity. If you would like to sponsor the choir, contact [highspiritstreasurer@gmail.com](mailto:highspiritstreasurer@gmail.com) to place your advertisement in a future program.

## The Rune of Hospitality

I saw a stranger yester e'en.  
I put food in the eating place,  
Drink in the drinking place,  
Music in the listening place.

And in the sacred names of the Triune,  
He blessed me and my house,  
My cattle and my dear ones.  
And the lark said in her song:  
Often goes the Christ in the stranger's guise.



# High Spirits Choir

**Ieva Wool**  
*Music Director*



Ieva Wool is a gentle and light-hearted conductor and singing teacher, with a passion for having fun and building community. Ieva's spirited and often cheeky leadership injects rehearsals – and concerts – with a good share of playfulness as well as musical magic. She brings her many years of experience as a trainer, group facilitator, and Gestalt therapist to her choirs and students. Ieva's singers learn a lot, and have fun doing it.

Ieva recently published a fantasy novel, *Heartfire*, available on Amazon.

**Zsuzsanna Lukacs**  
*Accompanist*

The Hungarian pianist Zsuzsanna Lukacs was born in Targu Mures, Romania. She graduated from the Gheorghe Dima Academy of Music in Cluj-Napoca, obtained a "1er Prix de Virtuosit  " at the Lausanne Conservatory in Switzerland and a Master's Degree in Piano Performance at the University of British Columbia. Zsuzsanna studied chamber music at the European Mozart Academy in Poland. She has performed extensively both as a soloist and collaborative pianist in Europe, Canada, and the US.

